

Grocery + OTC

Approved Product List



Grocery

> Beverages

- Water (Includes sparkling and enhanced water)
- Juice
- Coffee and Tea
- Isotonic Sports Drink

> Bread

- Bread, Rolls, and Tortillas

> Grains/Flour

- Flour
- Rice

> Baking/Cooking Mixes

- Baking/Cooking Supplies (Baking Powder, Yeast, etc.)

> Processed Cereal products

- Cereal (Hot and Cold) Products
- Cereal/Muesli Bars

> Fruits

- Prepared and Unprepared (Fresh)

> Vegetables

- Prepared and Unprepared (Fresh)

> Meat/Poultry/Other Animals

- Prepared and Unprepared (Fresh)

> Seafood

- Prepared and Unprepared (Fresh)

> Dairy/Dairy substitutes

- Milk
- Cheese
- Eggs
- Butter
- Yogurt

> Nuts and Seeds

- Prepared and Unprepared (Fresh)
- Trail Mix

> Prepared/Preserved Food

- Dairy/Egg Based Products
- Dough Based Products
- Grain Based Products
- Vegetable Based Products
- Meat Substitutes
- Pasta/Noodles
- Prepared Soups
- Sandwiches/Filled Rolls/Wraps
- Spreads (Peanut Butter, Jelly, Honey)
- Seasonings/Preservatives/Extracts
- Herbs/Spices/Extracts
- Pickles/Relishes/Chutneys/Olives
- Sauces/Spreads/Condiments
- Vinegars/Cooking Wines



Over-the-counter

WEX has compiled a thorough list of eligible OTC items.

› First Aid

- Bandages, Wraps, Tapes, Dressings, and Kits
- Antibiotics/Antiseptics
- Sling/Supports
- Skin Remedies/Protectants
- Hand Sanitizers
- Protective Gloves and Face Masks

› Foot/Leg Care/Treatments

- Foot Care/Hygiene Aids
- Therapeutic Compression Hosiery

› Bladder/Genital/Rectal Products

- Diuretic Remedies
- Enemas/Douches
- Genital Irritation
- Rectal Medication

› Gastrointestinal Remedy Products

- Antacids/Indigestion/Flatulence Remedies
Diarrhea Remedies
- General Gastrointestinal Remedies Laxatives
- Nausea Remedies
- Oral Rehydration/Electrolyte Maintenance)

› Oral/Mouth Treatments

- Halitosis Treatment
- Ulcer Treatments

› Vitamins/Minerals/Nutritional Supplements; Sleeping/Stress Relieving Products

- Sleeping Aids
- Stress Relief/Calmatives
- Pain Relief Products
- Arthritic/Rheumatic/Muscular Pain Relief

- General/Multi-use Pain Relief
- Headache/Migraine Pain Relief
- Powered Pain Relief

› Skin/Scalp Aid Products

- Anti-fungal Products
- Insect Bite Relief
- Wart/Corn/Callus Treatments

› Personal Aids

- Disability Aids

› Diagnostic Tests

- COVID-19 Home Tests
- Thermometers

› Respiratory/Allergy Products

- Allergy Prevention/Relief/Antihistamines
- Chest Rubs
- Cold/Cough Remedies
- Decongestants
- Humidifiers/Vaporizers
- Nasal Strips/Sprays
- Throat Remedies

› Sensory Organs Care/Treatments

- Ear Preparations
- Eye Preparations
- Contact Lens Care
- Reading Glasses

› Habit Treatment

- Anti-smoking Aids

› Travel Sickness Products

- Motion Sickness



Over-the-counter, continued

› Diagnostic Monitors

- Body Fat Monitor
- Heart Rate Monitor
- Personal Scales
- Adult Incontinence
- Pads
- Supplies
- Underwear (Disposable/Non-Disposable)

› Oral Hygiene

- Breath Fresheners/Mouth Rinses
- Dental Cleansing
- Denture Care/Cleansing
- Oral Care Aids (Non-Powered/Powered)

› Bladder/Genital/Rectal Products

- Diuretic Remedies
- Enemas/Douches
- Genital Irritation
- Rectal Medication

› Sun Protection Products

- Sunscreen
- After Sun Care
- Lip Balm with SPF

Sources

Publication 502 (2020), Medical and Dental Expenses: Internal Revenue Service
<https://www.irs.gov/publications/p502>

Dietary Guidelines For Americans
<https://www.dietaryguidelines.gov/>

Medicare Managed Care Manual - Chapter 4
<https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/mc86c04.pdf>